

WellLife

A guide for living on Coumadin®

A road isn't the only place accidents can happen.



WellLife: A guide for living on Coumadin®
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Whether you're driving a car or riding as a passenger, it's a good idea to stay mindful of your movements even if the vehicle is not moving. People can get caught or struck by closing car doors, resulting in cuts and bruises that are especially hazardous if you're taking Coumadin® (warfarin).

Here are a few tips for staying safe on the road and off:

- Place your hand on the open door corner to prevent it from swinging closed unexpectedly.
- Take extra care with cars parked on hills, where doors can swing shut on their own.
- Never put all your weight on a car door.
- Report any injury caused by a car door to a physician, whether it appears serious or not.

For more helpful tips for traveling and transport while on Coumadin®, visit www.PTINR.com.

WellLife: A guide for living on Coumadin® is brought to you by Alere™ Home Monitoring, the leader in anticoagulation monitoring and services. Alere™ Home Monitoring also sponsors PTINR.com, America's #1 online anticoagulation resource for doctors and patients.

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